

- **Life** is precious. We should find what makes us **happy** and make the most of our lives. We should also try to help other people do the same. Lauren
- For me, one of the most important things in life is forming good friendships and relationships with others. We should remember that all human beings around the world are part of one extended family. Guy
- Human beings have made incredible progress in our understanding of the world, and in health, education, and human welfare. We should aim to help the next generation continue that progress. Jessica
- For me, freedom is one of the most important things in life: the freedom to believe what I choose and to live my life however I wish, as long as I don't cause harm to others. Imtiaz
- Humanists believe in a world that promotes democracy and human rights. We believe in the importance of equality and social justice. We should work to improve the quality of life for all human beings. We should have empathy for others and treat them the way we would like to be treated. We should take care of each other. Zena
- Humanists believe that human beings alone are responsible for making the world a better place.
- Taking practical action to make the world a better place, believing each of us can contribute in some way
- Recognising that we are all human can help us to see that we should treat people equally. It's about making sure that everyone is treated fairly and has the opportunities to live their lives the way they want to. Lindsay
- It is up to us to make the world a better place. If we want things to be better we need to do it ourselves, while we have the opportunity. It is our responsibility. Alex
- This is the one life we have. We need to work together to support fairness and happiness in the here and now. We need to take action. We can't do everything on our own, but we can each help to make a difference. Guy

- We all want to be free to choose how we live. We all want to be treated fairly and kindly. So if we promote these goals, then life will be better for everyone. Lauren
- Humanists believe that human beings alone are responsible for making the world a better place. We cannot expect help to come from elsewhere. They believe that if we want to change the world, we have to do the work ourselves. We need to take action.
- ‘What I really care about are meeting the needs of individual people, helping create the conditions for people to live really good lives of their own choosing, and to be free from unnecessary oppression or unequal treatment. Naomi
- ‘One of my humanistic values which has inspired me to work for human rights is that when I leave the world, I want to leave it in a better shape. I don’t want the generations that come after me to face the same kind of challenges that my generation has been facing.’ Gulalai
- Humanists believe we should be kind to other people, animals, and the planet
- We should promote freedom, fairness, and kindness
- We have responsibility for making the world a better place
- ‘Humanists want a world where people are free and people live good, happy, and fulfilling lives as far as possible.’ Naomi Phillips
- ‘I believe the world that humanists would want is a world where everybody is treated equally and with fairness and with respect.’ Michelle
- ‘It doesn’t matter if you can’t make a difference on a global level. Most of us won’t find the cure to a disease or discover clean energy. But even on the smallest scale, you can make the people around you feel happier because you’re there.’ Natalie